

SECONDARY SPORT HANDBOOK

**Secondary Sport Coordinator
Interschool & SAC Athletics and Swimming Coordinator**

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General Information

St Aloysius College offers a variety of ways for students to be active. Students develop their talents and take on new challenges through participation in activities.

There are plenty of opportunities to join sporting teams: Tennis, Lacrosse, Soccer, Netball, Volleyball, Basketball, Badminton, Touch Football, AFL Football, Indoor Volleyball, Water Polo, Swimming and Athletics are offered. Teams play after school and on weekends. The running of any particular sport is subject to sufficient student nominations and adequate staff/coach availability.

There are also opportunities to represent St Aloysius College in knockout competitions and interschool events at both local and interstate levels. All students compete in the annual St Aloysius College Athletics and Swimming Carnivals which are highlights of the school year.

Students who participate in sport are expected to be committed to their chosen sport for the season and to fully adhere to the St Aloysius College Sport Policy.

All sport information will be communicated via student email and the school website. Students will receive information packs after online nomination/payment has been received, and all draws will be accessible via the Secondary Sport SEQTA Portal.

Sport Contacts

Secondary Sport Coordinator

Ms Meg Henderson

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Primary Sport Coordinator

Ms Melissa Potter

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Physical Education Coordinator

Ms Nicole Wedding

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St Aloysius College Sport Policy

1. All players are required to attend all meetings, training sessions and games.
2. If a player will be absent from a game or training a parent/guardian (not the player) must notify the appropriate Sport Coordinator via email, text message or phone call at the earliest possible time, preferably at least one day prior to the game or training session.
3. If a student is absent from a training session or game and has not provided sufficient notification via the one of the above methods she will receive a warning. If this happens a second time the Behaviour Management Policy will be applied (refer SAC Student Diary).
4. Students are required to be at all games at least 15 minutes prior to the starting time.
5. Students are required to wear the full correct Physical Education uniform to, from and during sport, including training sessions.
6. Students and parents must follow the St Aloysius College Sport - Code of Conduct for all SAC sporting events.
7. Transport and supervision:
 - Parents/Guardians are responsible for transport of their child to and from the sport venue. SAC staff or coaches will be supervising from 10 minutes prior to the game and until 10 minutes after its conclusion. Parents/Guardians are expected to be punctual and considerate of supervising staff.
 - Parents/Guardians have provided contact phone numbers and emergency contact details to the school. Please ensure that these remain up-to-date so that parents/guardians/emergency contacts can be contacted quickly in an emergency.
 - Parents/Guardians must collect their child/children from sport. Any other arrangements for the collection of children from sport must be notified in writing.

Sport Code of Conduct

All players, teachers, coaches and spectators are required to follow the codes of behavior outlined below:

FOR PLAYERS

- Be a good sport.
- Play for enjoyment.
- Work hard for your team as well as yourself.
- Treat all team members and opponents as you enjoy being treated yourself.
- Play by the rules.
- Cooperate with team and game officials.
- Control your behaviour on and off the field.
- Learn to value honest effort, skilled performance and improvement.

FOR COACHES

- Set a good example for your players.
- Encourage and create opportunities.
- Teach a wide range of team skills.
- Ensure that the sport is appropriate for the age group and the skill development level of the players involved.
- Teach your players to be friendly towards officials and opponents.
- Give all interested students a chance to participate in training and in games.
- Remove from the field of play any of your players whose behaviour is not acceptable.
- Keep your own knowledge of coaching and the developments of the game up to date.

FOR PARENTS/GUARDIANS

- Encourage participation by your children.
- Provide a model of good sporting spirit for your child to copy.
- Be courteous in your communication with players, team officials, game officials and sport administrators.
- Encourage honest effort, skilled performance and team loyalty.
- Make any new parents feel welcome on all occasions.
- Do not interfere with the conduct of any events.

FOR SPECTATORS

- Demonstrate appropriate social behaviour.
- Remember children play for enjoyment – do not let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference.
- Support skilled performances and team play with generous applause.
- Demonstrate respect for opposing players and their supporters.

Secondary Sport Inclement Weather Policy

The Secondary Sport Coordinator will communicate with students/coaches/parents/umpires informing them of all cancellations. If you have not received notification from the Secondary Sport Coordinator about cancellations, then all games will proceed. Do not assume games will be cancelled unless you receive notification from the Secondary Sport Coordinator.

SACSSGSA WEATHER POLICIES

If the temperature for the forthcoming SATURDAY is forecast at 38°C on the Bureau of Meteorology's website at 8:00am on the Friday, all secondary sport will be cancelled. For extreme circumstances where the forecast changes after 8:00am on the Friday to be above 38°C, an email and text message will be sent to school Sport Coordinators informing them of the cancellation of **ALL** sport for the following morning. For MIDWEEK sport, if the temperature for the programmed day is forecast at 38°C on the Bureau of Meteorology's website at 3:00pm the day before, **ALL** Sport will be cancelled.

If the forecast temperature is less than 38°C but conditions are considered as extreme, the SACSSGSA Executive Officer in consultation with the Executive Committee will inform Sport Coordinators of each school by text message, the SACSSGSA website or email if sport is to be cancelled.

OTHER CANCELLATIONS DUE TO HOT WEATHER

St Aloysius College may elect to cancel fixtures where the forecast temperatures are lower than those stated above, where local conditions are more severe and pose an increased risk for student participation.

INCLEMENT WEATHER CANCELLATION PROCEDURES

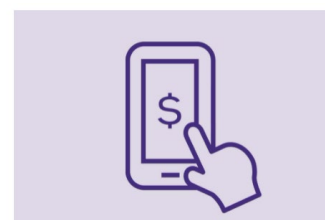
The SA Catholic Girls Executive Officer in consultation with the Executive Committee may issue a blanket cancellation where weather conditions across the metropolitan area are considered to be so extreme as to warrant such a cancellation.

In case of inclement weather an activity may need to be suspended due to hail, lightning, rain etc. The decision to suspend a game can be made by the Executive Officer, referee, venue coordinator and/or by coaches.

It is recognised that local conditions (hail, lightning, rain etc.) are likely to have a greater impact and so host schools will have the discretion to cancel fixtures.

Online Nomination & Payment Procedure

1. Please visit St Aloysius College website www.sac.sa.edu.au, select the **Quick Links for Families** button on the dropdown menu. Select **Online Payments** and then follow the prompts.



ONLINE PAYMENTS

Online Payments

To make payments for optional activities for your daughter, please click on the links below.

- Canteen Orders - Rory's School Lunches
- Outdoor Education
- St Aloysius' Award
- Term 1 Sport 2022

2. Once payment has been made you will be sent a receipt via email which you should retain for your records. Once your child's nomination has been accepted, she will receive an information pack in the weeks to follow which will contain information about training day/time, uniform requirements and absentee policies.

Term	Nominations Open	Nominations Close	Withdrawal Date with Refund
1	Monday, Week 7, Term 4 (current school year)	Friday, Week 1, Term 1 (new school year)	Friday, Week 3, Term 1
2/3	Monday, Week 5, Term 1	Friday, Week 6, Term 1	Friday, Week 9, Term 1
4	Friday, Week 3, Term 3	Friday, Week 6, Term 3	Friday, Week 7, Term 3

Any change to the above dates will be notified to students.

3. Team lists, draws, venue maps and all other important information will be released to the Secondary Sport SEQTA Portal once available, and parents/caregivers will be notified. The portal can be accessed by following the below steps:

How to access SEQTA Sport Portals as a parent/caregiver:

1. Log into SEQTA engage <https://engage.sac.sa.edu.au/>
2. Access 'portals' from the side menu
3. Select Secondary Sport Term 1, 2&3 or 4

The image features a background of stylized, layered purple leaves. A horizontal orange banner is positioned across the middle, containing the text 'TERMS 1 & 4 SPORT' in white. In the lower-left area, a dark purple banner with the word 'MERCY' in yellow is placed diagonally over the leaves.

TERMS 1 & 4 SPORT

MERCY

Terms 1 & 4

SPORT OVERVIEW

The following sports are available to Secondary students during Terms 1 and 4:

Sport	Year Level Offered	Day Played	Cost Per Term	Venue
Basketball	Years 7-12	*Saturday mornings	\$60	Various venues across Adelaide
Softball	Years 7-12	*Saturday mornings	\$60	Various venues across Adelaide
Dance	Year 7-12	Lunchtime training	\$50	SAC
Fitness	Years 7-12	Lunchtime training	\$50	SAC
Indoor Volleyball	Years 7-12	*Saturday mornings	\$60	Various venues across Adelaide
Lacrosse Clinics	Year 6-8	Weekday afternoon (TBA)	TBA	SAC Parklands
Tennis	Years 7-12	*Saturday mornings	\$60	Various venues across Adelaide
Touch Football	Years 7-12	*Saturday mornings	\$60	Various venues across Adelaide
Water Polo	Years 7-12	Thursday afternoons	\$60	Various metropolitan pools

* Students can only nominate for one Saturday sport each term.

Terms 1 & 4

UNIFORMS & EQUIPMENT

Basketball

Competition

SAC Basketball jersey and shorts *(to be purchased from SAC Uniform Shop)*

Training

Full SAC Physical Education uniform

Softball

Competition and Training

Full SAC Physical Education uniform

Dance & Fitness

Training

Full SAC Physical Education uniform

Indoor Volleyball

Competition

SAC universal numbered singlet *(to be purchased from the SAC Uniform Shop)*

Training

Full SAC Physical Education uniform

Lacrosse Clinics

Competition and Training

Full SAC Physical Education uniform

Tennis

Competition and Training

Full SAC Physical Education uniform

SAC performance cap *(to be purchased from the SAC Uniform Shop)*

Touch Football

Competition

SAC universal numbered singlet *(to be purchased from the SAC Uniform Shop)*

Training

Full SAC Physical Education uniform

Water Polo

Competition

SAC Water Polo or swimming bathers *(to be purchased from SAC Uniform Shop)*

Training

Full piece bathers

Knockout and Interschool Teams

Competition

Students will be provided with uniforms, which must be returned at the completion of the competition. This excludes students selected in the Interschool Swimming Team who must purchase the SAC swimming bathers from the SAC Uniform Shop for competition. The SAC Water Polo bathers may also be worn for swim meets. Alternative bathers may be permitted following negotiation with Ms Henderson prior to competition dates.

Basketball – Terms 1 & 4

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of seven or more players.

COST

\$60 per term

DATES & TIMES

- Saturday mornings, Term 1 Week 3 to Week 9
- Saturday mornings, Term 4 Week 1 to Week 6 (Juniors) Week 1 to Week 5 (Seniors)
- Games finish 45 minutes after the allocated start time.

VENUE

This competition will be held at a variety of venues across Adelaide depending on the allocated host school.

TRANSPORT

Parents/Guardians are responsible for transporting students to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training session per week when the sport begins. Training times and days will be decided upon team formation and coach availability.

Softball – Terms 1 & 4

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of nine or more players.

COST

\$50 per term

DATES & TIMES

- Saturday Mornings, Term 1 Week 3 to Week 9.
- Saturday Mornings, Term 4 Week 1 to Week 6
- Games finish 1-1.5 hours after the allocated start time.

VENUE

This competition will be held at a variety of venues across Adelaide depending on the school that is allocated to host this sport each week.

TRANSPORT

Parents/Guardians are responsible for transporting students to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins.

Training will take place on a weekday morning or afternoon (depending on coach availability) at the SAC Parklands located on the Corner of South Terrace and Hutt Street, Adelaide. Training days will be decided upon team formation and coach availability.

Dance – Terms 1 & 4

Years 7-12

GENERAL INFORMATION

Dance is an exciting activity program designed to introduce students to basic moves in an effort to eventually create routines. A range of dance styles will be explored including hip-hop, contemporary, lyrical, jazz and tap. Students can expect a good aerobic workout and increases in strength, flexibility and coordination. Students may also have the opportunity to perform throughout the year.

TEAMS

The number of students interested will determine if the dance group proceeds.

COST

\$50 per term

DATES & TIMES

- Lunchtime training 1pm-1:35pm once a week.
- Training day will be decided upon instructor availability.

VENUE

Training will take place at SAC.

TRANSPORT

N/A

Fitness – Terms 1 & 4

Years 7-12

General information

Fitness group will be used as an opportunity to increase students' physical fitness through group training. A qualified fitness instructor will lead the group once a week, targeting a range of fitness components and using a variety of training techniques. Students can expect to improve their aerobic fitness, muscular strength, muscular endurance and muscular power through fun group sessions.

TEAMS

The number of students interested will determine if the fitness group goes ahead.

COST

\$50 per term

DATES & TIMES

Lunchtime training 1pm-1:35pm once a week.

Training day will be decided upon trainers availability.

VENUE

Training will take place in the SAC gym.

TRANSPORT

N/A

Indoor Volleyball – Terms 1 & 4

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of eight or more players.

COST

\$60 per term

DATES & TIMES

- Saturday mornings, Term 1 Week 3 to Week 9.
- Saturday mornings, Term 4 Week 1 to Week 6 (Juniors) Week 1 to Week 5 (Seniors).
- Games finish 45 minutes after the allocated start time.

VENUE

This competition will be held at a variety of venues across Adelaide depending on the allocated host school.

TRANSPORT

Parents/Guardians are responsible for transporting students to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training session per week when the sport begins. Training times and days will be decided upon team formation and coach availability.

Tennis – Terms 1 & 4

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of four or more players.

COST

\$60 per term

DATES & TIMES

- Saturday mornings, Term 1 Week 3 to Week 9.
- Saturday mornings, Term 4 Week 1 to Week 6 (Juniors) Week 1 to Week 5 (Seniors).
- Games finish 1-1.5 hours after the allocated start time.

VENUE

This competition will be held at a variety of venues across Adelaide depending on the school that is allocated to host this sport each week.

TRANSPORT

Parents/Guardians are responsible for transporting students to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins.

Training will take place on a weekday morning from 7:30am at the Carriageway Courts located on Hutt Rd, Adelaide. Training days will be decided upon team formation and coach availability.

Students will be provided with transport to school on the morning of tennis training.

Touch Football – Terms 1 & 4

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of eight or more players.

COST

\$60 per term

DATES & TIMES

- Saturday mornings, Term 1 Week 3 to Week 9.
- Saturday mornings, Term 4 Week 1 to Week 6 (Juniors) Week 1 to Week 5 (Seniors).
- Games finish 45 minutes after the allocated start time.

VENUE

This competition will most likely be held at Park 17 in the South Parklands (between Fullarton Road and Glen Osmond Road, Adelaide).

TRANSPORT

Parents/Guardians are responsible for transporting students to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins.

Training will take place on a weekday morning from 7:30am at the SAC Parklands located on the Corner of South Terrace and Hutt Street, Adelaide. Training days will be decided upon team formation and coach availability.

Water Polo – Terms 1 & 4

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of eight or more players.

COST

\$60 per term

DATES & TIMES

- Thursday afternoons, Term 1 Week 3 to Week 9.
- Thursday afternoons, Term 4 Week 1 to Week 6 (Juniors) Week 1 to Week 5 (Seniors).
- Games finish 30 minutes after the allocated start time.

VENUE

This competition could be held at any of the following venues: Adelaide Aquatic Centre, Payneham Pool, Pembroke College or the State Aquatic Centre.

TRANSPORT

Parents/Guardians are responsible for transporting students to and from the venue every Thursday afternoon.

Students will only be provided with transport when games are scheduled for either a 4:00pm or 4:30pm start. In such cases students will travel via a school or hired bus accompanied by a teacher.

Parents/Guardians will need to collect their children from the venue at the conclusion of the games.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins. Training will take place on a weekday from 7:30am-8:30am in the SAC pool. The training day will be decided upon team formation and coach availability.

TERMS 2 & 3 SPORT

MERCY

A decorative graphic featuring several stylized purple leaves of varying shades and orientations. A dark purple banner is positioned diagonally across the lower portion of the leaves, containing the word "MERCY" in a light-colored, sans-serif font.

Terms 2 & 3

SPORT OVERVIEW

The following sports are available to Secondary students during Terms 2 and 3:

Sport	Year Level Offered	Day Played	Cost	Venue
AFL 9-A-Side Football	Years 7-12	Wednesday afternoons	\$100	Various venues across Adelaide
Badminton	Years 7-12	*Saturday mornings	\$120	Various venues across Adelaide
Dance	Years 7-12	Lunchtime training	\$100	SAC
Fitness	Years 7-12	Lunchtime training	\$100	SAC
Lacrosse	Year 7 & 8	*Saturday mornings	\$120 <i>(equipment not included)</i> \$180 <i>(equipment included)</i>	Various venues across Adelaide
Netball	Years 7-12	*Saturday mornings	\$120	Various venues across Adelaide
Soccer	Years 7-12	*Saturday mornings	\$120	Various venues across Adelaide

* Students can only nominate for one Saturday sport each term.

Terms 2 & 3 Sport UNIFORMS & EQUIPMENT

AFL 9-A-Side Football

Competition

SAC universal numbered singlet *(to be purchased from the SAC Uniform Shop)*

Black long socks *(to be purchased by the player separately)*

Mouth guard *(to be purchased by the player separately)*

Football boots (optional)

Training

Full SAC Physical Education uniform.

Badminton

Competition and Training

Badminton racket

Full SAC Physical Education uniform

Dance & Fitness

Training

Full SAC Physical Education uniform

Lacrosse

Competition

SAC universal numbered singlet *(to be purchased from the SAC Uniform Shop)*

Stick and goggles *(to be purchased through SAC when nominating)*

Mouth Guard *(to be purchased by the player separately)*

Training

Full SAC Physical Education uniform.

Netball

Competition

SAC Netball dress *(to be purchased from SAC Uniform Shop)*

Training

Full SAC Physical Education uniform

Soccer

SAC universal numbered T-shirt *(to be purchased from the SAC Uniform Shop)*

Black long socks & shin guards *(to be purchased by the player separately)*

AFL 9-A-Side Football

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The Junior 9-A-Side teams (Years 7-9) will be made up of twelve or more players and the Open 16-A-Side teams (Year 7-12) will be made up of 19 or more players.

COST

\$100

DATES & TIMES

Middle 9-A-Side competition

- Wednesday afternoons, Term 2 Week 4 to Week 9.
- Wednesday afternoons, Term 3 Week 1 to Week 4.
- Games finish 45 minutes after the allocated start time.

Open 16-A-Side competition

- Wednesday or Monday afternoons, Term 2 Week 4 to Week 9.
- Wednesday or Monday afternoons, Term 3 Week 1 to Week 4.
- Games finish 1 hour after the allocated start time.

VENUE

TBC

TRANSPORT

TBC - Dependent upon location and start time of games.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins. Training will take place on a weekday morning, lunchtime or evening at the SAC Parklands located on the Corner of South Terrace and Hutt Street, Adelaide. The training day and time will be decided upon team formation and coach availability.

Badminton – Terms 2 & 3

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of four or more players.

COST

\$120

DATES & TIMES

- Saturday mornings, Term 2 Week 1 to Term 3 Week 5.
- Games finish 50 minutes after the allocated start time.

VENUE

This competition will be held at a variety of venues across Adelaide depending on the school that is allocated to host this sport each week.

TRANSPORT

Parents/Guardians are responsible for transporting their children to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins. Training will take place on a weekday morning, lunchtime or evening. The training day and time will be decided upon team formation and coach availability.

Dance – Terms 2 & 3

Years 7-12

GENERAL INFORMATION

Dance is an exciting activity program designed to introduce students to basic moves in an effort to eventually create routines. A range of dance styles will be explored including hip-hop, contemporary, lyrical, jazz and tap. Students can expect a good aerobic workout and increases in strength, flexibility and coordination. Students may also have the opportunity to perform throughout the year.

TEAMS

The number of students interested will determine if the dance group proceeds.

COST

\$50 per term

DATES & TIMES

- Lunchtime training 1pm-1:35pm once a week.
- Training day will be decided upon instructor availability.

VENUE

Training will take place at SAC.

TRANSPORT

N/A

Fitness – Terms 2 & 3

Years 7-12

General information

Fitness group will be used as an opportunity to increase students' physical fitness through group training. A qualified fitness instructor will lead the group once a week, targeting a range of fitness components and using a variety of training techniques. Students can expect to improve their aerobic fitness, muscular strength, muscular endurance and muscular power through fun group sessions.

TEAMS

The number of students interested will determine if the fitness group goes ahead.

COST

\$50 per term

DATES & TIMES

Lunchtime training 1pm-1:35pm once a week.

Training day will be decided upon trainers availability.

VENUE

Training will take place in the SAC gym.

TRANSPORT

N/A

Lacrosse – Terms 2 & 3

Year 7/8

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of twelve or more players.

COST

\$120 (excluding equipment)

\$180 (including equipment – stick and goggles)

DATES & TIMES

- Saturday mornings, Term 2 Week 1 to Term 3 Week 7.
- Games finish 1-1.5 hours after the allocated start time.

VENUE

Various Lacrosse Clubs around Adelaide.

TRANSPORT

Parents/Guardians are responsible for transporting their children to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins. Training will take place on a weekday morning at the SAC Parklands (Corner of Hutt Rd & South Terrace, Adelaide). The training day and time will be decided upon team formation and coach availability.

Netball – Terms 2 & 3

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of nine or more players.

Students will be placed in teams based on ability, which is selected by the student via the online nomination process.

COST

\$120

DATES & TIMES

- Saturday mornings, Term 2 Week 1 to Term 3 Week 5.
- Games finish 50 minutes after the allocated start time.

**If a nominated Year 7/8 student plays/played a higher level of club netball (Division 1 or 2), she will most likely be placed in a Junior A or B grade team for SAC. The Junior A/B grade school teams are usually allocated early time slots to allow for players to make it to their club games.*

VENUE

This competition will be held at a variety of venues across Adelaide depending on the school that is allocated to host this sport each week.

TRANSPORT

Parents/Guardians are responsible for transporting their children to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins. Training will take place on a weekday morning, lunchtime or evening. The training day and time will be decided upon team formation and coach availability.

Soccer – Terms 2 & 3

Years 7-12

TEAMS

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of twelve or more players.

COST

\$120

DATES & TIMES

- Saturday mornings, Term 2 Week 1 to Term 3 Week 5.
- Games finish 50 minutes after the allocated start time.

VENUE


This competition will be held at a variety of venues across Adelaide depending on the school that is allocated to host this sport each week.

TRANSPORT

Parents/Guardians are responsible for transporting their children to and from the allocated venue every Saturday morning.

TRAINING

Training sessions are compulsory and all students will need to commit to one training per week when the sport begins. Training will take place on a weekday morning, lunchtime or evening. The training day and time will be decided upon team formation and coach availability.

A purple abstract graphic featuring a central ribbon-like shape that curves and loops. The word "MERCY" is written in yellow capital letters on a dark purple rectangular section of the ribbon. The background is white.

KNOCKOUT & INTERSCHOOL SPORT

MERCY

Knockout and Interschool Sport OVERVIEW

Knockout Sport and Interschool Sport are available to students in Years 7 to 12. Trials will be held and the best available teams will be selected to represent St Aloysius College.

Each year we aim to nominate teams for Junior and/or Open Netball, Basketball, Touch Football, Soccer, AFL Football and Volleyball. Any students selected in these teams must be committed to all trainings and games. Students selected are also encouraged to play in the extra-curricular sporting team and may have the opportunity to travel interstate to represent the college. We will also compete in the Catholic Athletics and Swimming Carnivals in Term 1.

If your daughter excels in any of the sports listed below, she is encouraged to trial in order to represent the school. Students must pay careful attention to the daily Student Bulletin and emails regarding meeting times, registration of interest and trial details.

Please contact Ms Meg Henderson for information regarding Knockout Sport, Interschool Swimming and Athletics.

Sport	Age Group	Trial Dates
AFL Football	Open: Years 8-12	End of Term 1 <i>(to be confirmed)</i>
Athletics	Years 7-12	Mid Term 1
Basketball	Years 7-10	TBD
	Open: Years 7-12	TBD
Netball	Junior: Years 7 & 8 Middle: Years 9 & 10 Open: Years 11 & 12	TBD
		TBD
Soccer	Open Years 7-12	End of Term 1 <i>(to be confirmed)</i>
Swimming	Years 7-12	Early Term 1
Triathlon	Years 7-12	Early Term 1
Touch Football	Junior: Years 7 & 8 Middle: Years 9 & 10 Open: Years 11 & 12	Early Term 1
Volleyball	Years 7 - 12	Early Term 1

St Aloysius College

KNOCKOUT SPORT POLICY

1. All players are required to attend all meetings, training sessions and games.
2. If a player will be absent from a game or training then a parent/guardian (*not the student*) must notify the appropriate Sport Coordinator via email, text message or personal phone call at the earliest possible time, preferably at least 1-2 days prior to the game or training session.
3. If a student is absent from a training session or game and has not provided sufficient notification via one of the above methods, she will receive a warning. If this happens a second time the student may be omitted from the team.
4. Students are required to wear the full correct uniform to, from and during sport, including training sessions.
5. Students are responsible for relaying all information regarding Knockout Sport to their parents/guardians and teachers.
6. In order to participate in knockout competitions students must get all of their teachers to fill in and sign the 'Absent from Lesson Form' prior to each game.
7. Students and parents must follow the SAC Sport Code of Conduct guidelines for all SAC sporting events.

St Aloysius



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