

# *Excursion/Incursion/Extra-Curricular Activities Policy*

*V9.05.23*



**St Aloysius**  
*A Ministry of Mercy Education Ltd*

# *OSHC Excursion/Incursion/Extra-Curricular Activities Policy*

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Under the Education and Care Services National Regulations the approved provider must ensure policies and procedures are in place for managing excursions (Reg. 168) and take reasonable steps to ensure policies and procedures are followed.

Excursions/incursions/extra-curricular activities enhance children’s learning by providing them the opportunity to participate in curriculum planned activities and experiences to extend on their skills and knowledge in the current interest topic. Our OSHC Service recognises that excursions provide opportunities for children to explore the wider community as a group and extend on the educational program provided.

## *NATIONAL QUALITY STANDARD (NQS)*

QUALITY AREA 4: STAFFING ARRANGEMENTS		
2.2	Safety	At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.
2.2.1	Supervision	Plans to effectively manage incidents and emergencies are developed in consultation with relevant authorities, practiced and implemented.
2.2.2	Incident and emergency management	At all times, reasonable precautions and adequate supervision ensure children are protected from harm and hazard.

EDUCATION AND CARE SERVICES NATIONAL REGULATIONS	
4 (1)	Definition regular outing
89	First Aid Kits
90	Medical conditions policy
97	Emergency and evacuation procedures
98	Telephone or other communication equipment
99	Children leaving the education and care service premises
100	Risk assessment must be conducted before excursion
101	Conduct of risk assessment for excursion

102	Authorisation for excursion
102B	Transport risk assessment must be conducted before service transports child
102C	Conduct of risk assessment for transporting of children by the education and care service
102D	Authorisation for service to transport children
123	Educator to child ratios-centre-based services
136	First Aid qualifications
151	Record of educators working directly with children
158	Children’s attendance record to be kept by approved provider
160	Child enrolment records to be kept by approved provider and family day care educator
161	Authorisations to be kept in enrolment record
168	Policies and procedures are required
170	Policies and procedures to be followed
Sec. 51(4A)	Conditions of service approval- ensure number of children educated and cared for by the service at any one time does not exceed the maximum number of children specified in the service approval
Sec.165	Offence to inadequately supervise children
Sec.167	Offence relating to protection of children from harm and hazards

## *RELATED POLICIES*

Acceptance and Refusal of Authorisations Policy	Incident, Incident, Trauma and Illness Policy
Administration of Medication Policy	Interaction with Children, Family and Staff Policy
Administration of First Aid Policy	Medical Conditions Policy
Child Safe Environment Policy	Privacy and Confidentiality Policy
Code of Conduct Policy	Respect for Children Policy
Delivery of Children to, and Collection from and Education and Care Service Premises	Safe Transportation Policy
Educational Program Policy	Sun Safety Policy
Emergency Evacuation Policy	Supervision Policy
Family Communication Policy	Water Safety Policy

## *PURPOSE*

To ensure that all excursions and incursions undertaken by the Outside School Hours Care Service are planned and conducted in a safe manner, maintaining children’s health, safety and wellbeing at all times in accordance with Education and Care National Regulations. We believe excursions/incursions provide the children with the opportunity to expand and enhance their skills and knowledge gaining insight into their local and the wider community.

## SCOPE

This policy applies to children, families, educators, staff, management, approved provider, nominated supervisor, and visitors of the OSHC Service.

## IMPLEMENTATION

Excursions and incursions will be conducted with the children's safety and wellbeing in mind at all times. We will regularly schedule incursions and visitors to our OSHC Service however, if we feel an excursion will benefit the children and offer a valuable experience, we will adhere to the National Regulations and Service policies and procedures to plan and manage an experience that is enjoyable for children. This policy relates to excursions that may be a 'regular outing' or a one-off excursion for a particular purpose and incursions, where visiting performers, groups or community services may visit our OSHC Service.

Children who are enrolled in our OSHC Service may participate in extra-curricular activities that are organised separately from our OSHC. Our OSHC will support children to participate in extra-curricular activities located within school grounds.

## DEFINITIONS (EFFECTIVE 1 OCTOBER 2020)

Excursion: means an outing organised by an education and care service or family day care educator but does not include an outing organised by an education and care service provided on a school site if-

- (a) a child or children leave the education and care service premises in the company of an educator and
- (b) the child or children do not leave the school site.

Extra-Curricular Activities: means an activity organised separately from the OSHC Service that children may attend during OSHC operating hours. Examples include music lessons, dance class, choir lessons.

Regular outing: in relation to an education and care service, means a walk, drive or trip to and from a destination:

- (a) that the service visits regularly as part of its educational program; and
- (b) where the circumstances relevant to the risk assessment are *substantially* the same on each.

Incursion: means an activity organised by our Service, whereby an outside body is employed or engaged to visit the service to run an educational program and to promote culture and diversity. This could include a visit from the Rural Fire Service, an Aboriginal Cultural awareness group, science or reptile show or a musical or drama performance. Some incursions may be offered free of charge whilst others may incur a small participation cost.

## CONSIDERATIONS FOR EXCURSIONS AND INCURSIONS

The purpose of the excursion should be clearly identified by staff providing information on how the excursion or incursion supports the educational program and contributes to the outcomes for children.

Excursions/incursions should be planned in advance and consideration given to the:

- time away from the OSHC service
- availability of toilet and washing facilities

- access to safe drinking water
- adequate health and hygiene practices
- possible risk to children (identified in risk assessment)
- accessibility for all children
- transportation
- cost
- weather- wet weather arrangements
- teaching children safety procedures and responsibilities whilst on an excursion
- communication with parents and families
- Risk Assessment documentation provided by the excursion venue
- safety and wellbeing of children whilst at the OSHC service whilst participating in an incursion (identified in risk assessment)

### *EXCURSION/INCURSION RISK ASSESSMENT*

The Approved Provider or Nominated Supervisor must conduct a risk assessment which reflects regulation 101 before an authorisation is scheduled under regulation 102 to determine the safety and appropriateness of the excursion/incursion. If the excursion involves transporting children, the risk assessment must adhere to **all** components of 101, 102, 102B, 102C (effective March 2023).

### *THE APPROVED PROVIDER/NOMINATED SUPERVISOR WILL ENSURE:*

- the OSHC Coordinator will propose the Excursion/Incursion to the OSHC Executive Team
- the OSHC Executive Team will provide in principle approval
- a responsible person (or coordinator) is appointed to oversee the organisation of the excursion/incursion, utilising the College's events and risk assessment portal, *Consent2Go*
- an *Excursion/Incursion Risk Assessment* is developed prior to any excursion or incursion [see: Excursion Risk Management Plan, Regular Outing Risk Management Plan, Incursion Risk Management Plan]
- families are notified about the excursion using an *Excursion Permission* letter and written authorisation must be provided by a parent or other person named in the child's enrolment record
- families are notified about any incursion and if permission is required for participation, an *Incursion Permission* letter provided for parent or carer consent for their child to participate
- families have a right to view the risk assessment prior to the excursion/incursion upon request in which the Service must comply with ensuring all information is available
- the risk assessment must
  - identify and assess possible risks that the excursion/incursion may pose to the health, safety and wellbeing of any child being taken on the excursion or participating in the incursion
  - specify how the identified risks will be managed and minimised
  - ensure Working with Children Checks are conducted for all adults visiting the service on incursions
  - ensure the visiting group/performance is covered by insurance
  - consider the proposed route and destination for the excursion and
  - identify any water hazards
  - reflect on any risks associated with water-based activities
  - consider the transport to and from the proposed destination for the excursion
  - consider the duration of the transportation

- consider any requirements for seatbelts or safety restraints
- the process for entering and exiting the education and care service premises and the pick-up location or destination (as required)
- procedures for embarking and disembarking the means of transport, including how each child is to be accounted for on embarking and disembarking
- consider the ratio of adults to children involved in the excursion
- consider the risks posed by the excursion/incursion, the number of educators or other responsible adults required to provide supervision, and whether any adults with specialised skills are required to ensure children's safety (e.g.: lifesaving skills)
- consider the planned activities
- determine the duration of the excursion
- consider items that should be taken on the excursion (mobile phone, emergency contacts, first aid kit, medical plans, etc.).
- consider strategies to ensure supervision is consistent at all times during the excursion- transitions, toileting, departure from the service and conclusion of the excursion

If the excursion is a *regular excursion* or '*regular outing*' a risk assessment authorisation is only required to be carried out once in a 12-month period however must be regularly reviewed. If circumstances around the excursion change, a new risk assessment is required.

## ***PARENT/FAMILIES AUTHORISATION***

The Approved Provider/Nominated Supervisor must ensure:

- that a child is not taken outside the OSHC Service premises on an excursion unless written authorisation has been provided.
- the authorisation must be given by a parent or other authorised person named in the child's enrolment record as having authority to authorise transportation of a child.
- the authorisation form must state:
  - the child's name.
  - the reason the child is to be taken outside the premises/transported.
  - the reason the child is to be transported (if transportation is included in the excursion).
  - if the authorisation is for a regular outing, a description of when the child is to be taken on the regular outing.
  - the date the child is to be taken on the excursion and transported (unless the authorisation is for a regular outing)
  - a description of the proposed pick-up location destination for the excursion.
  - the method of transport to be used for the excursion.
  - the proposed activities to be undertaken by the child during the excursion.
  - the period the child will be away from the premises.
  - the period of time during which the child is to be transported.
  - the anticipated number of children likely to be attending the excursion.
  - the anticipated educator to child ratio attending the excursion to the anticipated number of children attending the excursion.

- the anticipated number of staff members and any other adults who will accompany and supervise the children on the excursion.
- any requirements for seatbelts or safety restraints under a law of each jurisdiction in which the children are being transported.
- that a risk assessment has been prepared and is available at the Service.
- that written policies and procedures for transporting children are available at the Service.
- if the excursion is a regular outing, the authorisation is only required to be obtained once in a 12-month period.
- parental authorisation may be required for incursions if identified in the risk assessment or if a cost is required.
- authorisations must be kept securely in the child's enrolment records.

## ***STAFFING ARRANGEMENTS***

The Approved Provider/Nominated Supervisor will ensure that:

- adequate supervision is provided for children and the educator to child ratio for school age care is always maintained as per National Regulations.
- consider:
  - the number, age and ability of children.
  - the number and physical positioning of educators.
  - each child's current activity.
  - risks related to the mode of transport (for example: walking).
  - visibility and accessibility.
  - the experience and skill of each educator.
- additional educators/staff are engaged to provide care and support to children with additional needs
- educators are aware of their responsibility to provide supervision to other responsible adults or volunteers assisting on the excursion
- educators are aware the procedures to follow in the event of an emergency
- at least one educator or the nominated supervisor must hold current First Aid qualification, approved emergency Asthma management and approved anaphylaxis management training

## ***PARENT AND VOLUNTEER PARTICIPATION***

The Approved Provider/Nominated Supervisor will ensure parents and volunteers:

- are encouraged/invited to participate in excursions when possible.
- cannot be counted as part of the educator to child ratio.
- cannot be left alone with a child/children and must be supervised by an educator at all times.
- are briefed prior to participating on an excursion about the risk assessment, emergency procedures, supervision, photograph policy for privacy and confidentiality and use of mobile phone.
- are aware that smoking is not permitted.
- are aware of need to wear appropriate clothing and footwear.
- Working with Children Checks/Clearances are verified for parent and volunteers prior to participating in excursions (best practice).

## *ITEMS TO BE TAKEN ON AN EXCURSION*

The Approved Provider/Nominated Supervisor must ensure that the following items are taken on all excursions, as per the risk assessment:

- appropriate number of suitably equipped first aid kits.
- fully charged and operating mobile phone.
- emergency contact information details for all children participating on the excursion.
- medication for children requiring medical and relevant medical management plans.
- items required for excursion circumstances- such as sunscreen, hats, other equipment.
- child attendance record.

## *TRANSPORTATION FOR EXCURSION*

Excursions involving transportation must adhere to the *Safe Transportation Policy* including ensuring a risk assessment has been completed prior to children being transported by the service and authorisation for the service to transport children as part of the excursion. It is a requirement of the National Regulation that the means of transport is stated on the risk assessment record and parent authorisation record. Information must be included in the risk assessment about the process for embarking and disembarking the means of transport, including how each child is to be accounted for.

The means of transport may mean:

- Walking  
Educators must ensure children and adults use the safest footpaths and safe crossings where possible, such as pedestrian crossings and traffic lights.  
Educators will ensure all children and adults obey road rules.  
Educators will ensure children follow the 'stop, look, listen and think' process when walking near roads.  
Educators will remain vigilant that no child runs ahead or lags behind the group.
- Bus  
the Nominated Supervisor must ensure that the seating capacity as displayed on the compliance registration is not exceeded. All children must sit on seats, preferably with, or close to an adult. Any requirements for seat belts or safety restraints under law must be followed depending on the vehicle used. If the bus has seat belts, they must be worn at all times.
- Train  
the Nominated Supervisor will be required to contact the local station prior to the excursion to inform them of the time you will be travelling, the destination, and the number of children and adults who will be travelling.  
Provisions should be made to ensure children have ample time to board the train safely and in an unhurried way. This will allow the station to inform the train guard so that they can hold the train for the period of time for safe boarding and disembarkment. All children should be seated at all times, with an adult close by. All children should be seated in the one carriage if possible- and not in a Quiet Carriage.
- Car  
Any motor vehicle that is used to transport children on an excursion (other than a motor vehicle seating more than nine persons) must be fitted with child restraints and/or seatbelts that are



appropriate for the age and weight of each child, that conform to the Australian Standards, and are professionally installed or checked by an authorised restraint fitter.

The vehicle must be registered and free of any defects that could put any passenger at harm.

All children must be fastened in the vehicle according to National Child Restraint Laws for Vehicles (below). The process for entering and exiting the Service premises safely must be considered at all times.

## *NATIONAL CHILD RESTRAINT LAWS FOR VEHICLES*

- children aged from four years old but under seven years old cannot travel in the front seat of a vehicle with two or more rows, unless all other back seats are occupied by children younger than seven years in an approved child restraint or booster seat
- children aged from seven years old but under 16 years old who are too small to be restrained by a seatbelt properly adjusted and fastened are strongly recommended to use an approved booster seat
- children in booster seats must be restrained by a suitable lap and sash type approved seatbelt that is properly adjusted and fastened, or by a suitable approved child safety harness that is properly adjusted and fastened.

*Source: NSW Government Centre for Road Safety, 2017.*

## *EXTRA-CURRICULAR ACTIVITIES*

Our OSHC Service will support children to participate in extra-curricular activities that may be organised within school grounds during OSHC operating hours. Communication between families and the school or the extra-curricular activity organisation (e.g., third party music teacher/provider) is paramount to the support provided to children to participate in the activity. Families are to make arrangements between the extra-curricular organisation/coordinator regarding attendance for their child. Examples of extra-curricular activities include music lessons, dance classes, team sports, drama classes or chess club. Families are required to complete the *Extra-Curricular Authorisation Form* and are responsible for informing the OSHC Service of any changes to attendance at extra-curricular activities.

Children attending extra-curricular activities will be signed out of the attendance record by OSHC educators and signed back into the OSHC Service upon return.

A Risk Assessment will be completed for all extra-curricular activities that children attend during OSHC operating hours. The Risk Assessment will include the following information:

- details of the extra-curricular activity
- date and time of extra-curricular activity
- location and duration of extra-curricular activity
- reason for extra-curricular activity
- name and contact details of extra-curricular coordinator
- the route the children will take to walk to the extra-curricular activity
- how each child will be accounted for embarking and disembarking transport
- if children require an escort to the extra-curricular activity

Children will not be able to participate in extra-curricular activities unless prior written authorisation for the child to leave the OSHC Service has been obtained by the family. Authorisation for regular extra-curricular activities will be obtained each term.

## *INSURANCE*

Management must review their insurance policy prior to the excursion/incursion to ensure liability is protected by the OSHC Service. A copy of the insurance policy should be kept within the service's vehicle at all times.

OSHC staff must seek a waiver from external companies, if relevant.

## *CHECKING FOR CHILDREN'S SAFETY*

Educators will ensure:

- children's attendance records are taken on excursions
- all children are accounted for when embarking/disembarking the car/vehicle or bus
- children's names are marked off as they enter and leave the vehicle including time and date
- a thorough check is made of the vehicle to ensure no child is left in the vehicle (a second person repeats this to check again for safety)
- the vehicle is parked to avoid other vehicles, driveways or car parks
- the vehicle is parked as close as possible to the OSHC premises or visiting venue
- children only disembark the vehicle when it is safe to do so
- head counts are conducted at least every 30 minutes whilst on the excursion
- bathrooms and toilets are checked for any potential hazard before children enter, and children are escorted to the bathrooms and supervised

## *LOST CHILD DURING AN EXCURSION/EXTRA-CURRICULAR ACTIVITY*

In the event of a child being unaccounted for during an excursion or following an extra-curricular activity, educators will immediately:

- inform another educator and provide supervision for groups
- conduct a head count
- ask children/parent helpers/other educators if they have seen the missing child
- check with the extra-curricular activity coordinator if they are aware of the missing child's location
- search the premises
- check organised meeting points (use mobile phone to contact other educators)
- alert the venue management and request that an announcement is made
- if the child is still unaccounted for after checking as above, the nominated supervisor or excursion coordinator will contact the Police on 000 and report the incident
- the nominated supervisor will contact parents/guardian
- educators will reassure other children and provide supervision
- the Approved Provider must make a notification to the Regulatory Authority within 24 hours of a serious incident

## *CONTINUOUS IMPROVEMENT/REFLECTION*

Our *Excursion/Incursion/Extra Curricular Activities Policy* will be reviewed on an annual basis in consultation with children, families, staff, educators and management.

## CHILDCARE CENTRE DESKTOP – RELATED RESOURCES

Excursion Risk Assessment Management Plan	Extra-Curricular Authorisation Form
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### SOURCE

Australian Children’s Education & Care Quality Authority. (2014).

Australian Children’s Education & Care Quality Authority. (2021). Policy and procedure guidelines- *Excursions Policy Guidelines*

Australian Government Department of Education (2022). [My Time, Our Place- Framework for School Age Care in Australia.V2.0](#)

Education and Care Services National Law Act 2010.

[Education and Care Services National Regulations](#). (Amended 2023)

Guide to the National Quality Framework. (2018). (Updated 2023).

Kidsafe Victoria *Road Safety* <https://www.kidsafevic.com.au/road-safety/>

Kids and Traffic Early Childhood Road Safety Education Program (NSW) [Transporting Children Safely](#)

NSW Government Centre for Road Safety. (2017)

Road Transport (Safety & Traffic Management) Act 1999.

Revised National Quality Standard. (2018).

Victoria State Government Education and Training *Early Childhood Professionals*

[Western Australian Education and Care Services National Regulations](#)

### REVIEW

POLICY REVIEWED BY	Jacqui Mcilroy	Nominated Supervisor	10/12/2023
POLICY REVIEWED	MAY 2023	NEXT REVIEW DATE	MAY 2024
VERSION NUMBER	V9.05.23		
MODIFICATIONS	<ul style="list-style-type: none"> <li>additional information added for Extra Curricular Activities</li> <li>continuous improvement/reflection section added</li> <li>Information added regarding new regulations related to safe transportation</li> <li>additional resources section added</li> <li>link to MTOP (V2.0) added to sources</li> <li>link to Western Australian Education and Care Services National Regulations added in ‘Sources’</li> </ul>		
POLICY REVIEWED	PREVIOUS MODIFICATIONS	NEXT REVIEW DATE	
MAY 2022	<ul style="list-style-type: none"> <li>policy maintenance - no major changes to policy</li> </ul>	MAY 2023	

	<ul style="list-style-type: none"> <li>• minor formatting edits within text</li> </ul>	
OCTOBER 2021	<ul style="list-style-type: none"> <li>• Policy reviewed and included suggested guidelines from ACECQA <i>Excursions Policy Guidelines</i> (June 2021)</li> <li>• Additional legislative requirements added</li> <li>• Additional related policies</li> </ul>	MAY 2022
MAY 2021	<ul style="list-style-type: none"> <li>• Policy reviewed for currency</li> <li>• additional information related to incursions</li> <li>• additional inclusion for checking for children’s safety</li> <li>• lost child procedure added</li> <li>• ensuring adequate supervision added</li> <li>• links checked and additional resource added</li> </ul>	MAY 2022
AUGUST 2020	<ul style="list-style-type: none"> <li>• amendments to policy to reflect new regulations for risk assessments for excursions and written authorisations for parents (effective 1 October 2020)</li> <li>• new definition added for ‘regular outing’</li> </ul>	MAY 2021
MAY 2020	<ul style="list-style-type: none"> <li>• additional regulations added</li> <li>• additional sections added: considerations/staffing arrangements /items to take on an excursion/parent and volunteer information /walking</li> <li>• sources edited and checked for currency</li> <li>• minor editing and formatting</li> </ul>	MAY 2021
MAY 2019	<ul style="list-style-type: none"> <li>• Terminology changed to be specific to FDC services.</li> <li>• Section added and referenced: National Child Restraint Laws for Vehicles</li> <li>• Sources/references corrected, updated, and alphabetised.</li> <li>• ‘Related policies’ alphabetised.</li> </ul>	MAY 2020
MAY 2018	<ul style="list-style-type: none"> <li>• Minor grammatical changes made to content. (Not critical to its delivery)</li> </ul>	MAY 2019
DECEMBER 2017	<ul style="list-style-type: none"> <li>• Updated the references to comply with the revised National Quality Standard</li> </ul>	MAY 2018