



St Aloysius College

Primary Sport Handbook



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General Information

St Aloysius College offers a variety of ways to be active. Students develop their talents and take on new challenges by participating in a range of out of school sporting activities.

Year 3 to Year 6 students can join sporting teams in Basketball, Volleyball, Netball, Lacrosse, Soccer and AFL at various times throughout the year. These teams play after school and on weekends. Reception to Year 2 students can choose to participate in the after school Come 'n' Try program that focuses on a range of fundamental movement skills as well as introduces the sports available to them in the coming years. There are also clinics available to Year 3-6 students at various times throughout the year. Basketball is on offer for year 3 students and Fitness and Cheerleading sessions are also offered to Year 5/6 students at one lunch time per week during terms 2 and 3. The running of any particular sport/activity is subject to sufficient student nominations and adequate staff/coach availability.

There are also opportunities to represent St Aloysius College in Year 5/6 SAPSASA Knockout competitions as well as interschool SACPSSA (Catholic Schools Years 3-6) and SAPSASA (Years 4-6) events. All students compete in the annual St Aloysius College Athletics and Swimming Carnivals which are highlights of the school year.

Students who nominate to participate in sport are expected to be committed to their chosen sport for the season and to fully adhere to the St Aloysius College Sport Policy.

All sport information for primary students will be communicated via parent email, the Clipboard platform and the Primary Sport Portal on SEQTA.

Towards the end of each term, the Clipboard portal will be open for nominations/payment. Only activities relevant to the student, based on year level, will be available for selection.

Once nomination and payment has been received, students will be placed in a team and parents must ensure that they are using the Clipboard platform to keep up to date with the schedule of trainings and games. The Primary Sport Coordinator will use the platform to send out notifications if there are any changes.

Sport Contacts

Secondary Sport Coordinator

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2025 Primary Sport Coordinator

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Online Nomination & Payment Procedure

1. Once you have received an invite email to the St Aloysius College Clipboard Portal, you will be prompted to start by logging in for the first time and setting a password.
2. After you have set up your password, you can log into the School portal using your email address and password. This portal link can also be accessed on your SEQTA Engage welcome page.
3. After you have successfully logged in, you will now be able to view the Portal and navigate to 'Activity Selection' to nominate your daughter for the sports available to her depending on her year level.
4. You will be notified by email when nominations open on the Clipboard Portal. This initial email will contain the nomination link to Clipboard which will also be available on the Primary Sport Portal.
5. Once nominated, your child will be placed in a team and in the weeks that follow you will be sent information via Clipboard/email regarding team, uniform required, training time and game schedule. This information will also be available on the Primary Sport Portal once the season is up and running.
6. It is highly recommended that parents add the Clipboard Portal to their mobile phone home screen and enable push notifications, information about how to go about this will be distributed via email.
7. Clipboard allows parents to notify if their child is unable to attend a particular training or a game which helps with organisation for both coaches and the coordinator

NOTE: Access to Clipboard will be granted a week prior to the beginning of the school year

[CLICK HERE TO SEE THE GUIDE FOR ADDING CLIPBOARD TO YOUR PHONE](#)

St Aloysius College Sport Policy

1. All players are required to attend all meetings, training sessions and games.
2. If a player will be absent from a game or training a parent/guardian (not the player) must notify the appropriate Sport Coordinator via Clipboard at the earliest possible time, preferably at least one day prior to the game or training session.
3. If a student is absent from a training session or game and has not provided sufficient notification via the above method, a parent or caregiver will be contacted.
4. Students are required to be at all games at least 15 minutes prior to the starting time.
5. Students are required to wear the full correct Physical Education uniform to, from and during sport, including training sessions.
6. Students and parents must follow the St Aloysius College Sport - Code of Conduct for all SAC sporting events.
7. Transport and supervision:
 - Parents/Guardians are responsible for transport of their child to and from the sport venue. SAC staff or coaches will be supervising from 10 minutes prior to the game and until 10 minutes after its conclusion. Parents/Guardians are expected to be punctual and considerate of supervising staff.
 - Parents/Guardians have provided contact phone numbers and emergency contact details to the school. Please ensure that these remain up-to-date so that parents/guardians/emergency contacts can be contacted quickly in an emergency.
 - Parents/Guardians must collect their child/children from sport. Any other arrangements for the collection of children from sport must be notified in writing.

Sport Code of Conduct

All players, teachers, coaches and spectators are required to follow the codes of behavior outlined below:

For Players

- Be a good sport.
- Play for enjoyment.
- Work hard for your team as well as yourself.
- Treat all team members and opponents as you enjoy being treated yourself.
- Play by the rules.
- Cooperate with team and game officials.
- Control your behaviour on and off the field.
- Learn to value honest effort, skilled performance and improvement.

For Coaches

- Set a good example for your players.
- Encourage and create opportunities.
- Teach a wide range of team skills.
- Ensure that the sport is appropriate for the age group and the skill development level of the players involved.
- Teach your players to be friendly towards officials and opponents.
- Give all interested students a chance to participate in training and in games.
- Remove from the field of play any of your players whose behaviour is not acceptable.
- Keep your own knowledge of coaching and the developments of the game up to date.

For Parents/Guardians

- Encourage participation by your children.
- Provide a model of good sporting spirit for your child to copy.
- Be courteous in your communication with players, team officials, game officials and sport administrators.
- Encourage honest effort, skilled performance and team loyalty.
- Make any new parents feel welcome on all occasions.
- Do not interfere with the conduct of any events.

For Spectators

- Demonstrate appropriate social behaviour.
- Remember children play for enjoyment – do not let your behaviour detract from their enjoyment.
- Let game officials conduct events without interference.
- Support skilled performances and team play with generous applause.
- Demonstrate respect for opposing players and their supporters.

Primary Sport Inclement Weather Policy

St Aloysius College affirms its commitment to child safety and its duty of care to students, staff and other community members and we encourage SunSmart behaviours. In Term 1 and Term 4, hats are to be worn as well as sunscreen during outdoor activities.

Inclement weather is defined as hot, wet, harsh, severe or stormy weather.

Hot Weather Policy

When the predicted maximum temperature in that morning's issue of The Advertiser newspaper is 35°C or above:

- All training is cancelled, whether held outdoors or indoors, including in the SAC gym
- All Primary sport games are cancelled including indoor sports and water sports

Even if the forecast is below 35°C, it is important that students, staff, parents, coaches and managers are conscious of the health of participants and that adequate fluid intake occurs before and during training sessions and games.

Wet Weather, Storms and Other Inclement Weather

Whenever weather conditions pose a risk to player safety, staff and coaches must err on the side of caution and halt training or games.

Procedure When Sport or Training Is Cancelled

- Primary sport and training sessions, are automatically cancelled if the forecast maximum temperature in The Advertiser is 35°C or above
- If training sessions or games need to be cancelled, parents will receive a notification via Clipboard and an email to their nominated email address. The information will also be updated on the Primary Sports Portal under the 'announcements' section.
- Do not assume that training sessions or games will be cancelled (eg - due to rain) without official notification from the school, unless they are automatically cancelled under the Hot Weather Policy.

After School

Yearly Sport Overview

The following sports were available to Primary students throughout 2025, order and timing may slightly vary in 2026.

Year Level	Term 1	Term 2	Term 3	Term 4
Reception	Come 'n' Try Dance	Come 'n' Try Gymnastics	Come 'n' Try Little Athletics	Come 'n' Try Multi Sports
Year 1	Come 'n' Try Multi Sports	Come 'n' Try Soccer	Come 'n' Try Mini Tennis	Come 'n' Try Cricket
Year 2	Come 'n' Try Basketball	Come 'n' Try Lacrosse	Come 'n' Try Netball	Come 'n' Try Softball
Year 3	Come 'n' Try Basketball	Lacrosse (T2/3) AFL 9-a-side	Netball 7-a-side Soccer	Basketball Come 'n' Try Softball
Year 4	Basketball	Lacrosse (T2/3) AFL 9-a-side	Netball 7-a-side Soccer	Basketball
Year 5	Basketball Volleyball	Netball Lacrosse (T2/3) AFL 9-a-side Fitness Sessions	7-a-side Soccer Cheer Sessions	Basketball Volleyball
Year 6	Basketball Volleyball	Netball Lacrosse (T2/3) AFL 9-a-side Fitness Sessions	7-a-side Soccer Cheer Sessions	Basketball Volleyball

Uniforms

Come 'n' Try

Full SAC Physical Education uniform

Competitive Basketball

Basketball jersey and shorts (to be purchased from SAC Uniform Shop)

Competitive Lacrosse

SAC Lacrosse singlet (to be purchased from SAC Uniform Shop)

Mouth guards are optional for Under 11s.

Competitive Netball

Full SAC Physical Education uniform

Competitive AFLW 9-a-side

SAC Football Guernsey (supplied by SAC)

SAC PE shorts

Black Football Socks (to be purchased)

Mouth guards (compulsory)

Competitive Soccer 7-a-side

Full SAC Physical Education uniform

Black Football Socks (to be purchased)

Shin guards (compulsory)

Fitness/Cheer Sessions

Full SAC Physical Education uniform

Come 'N' Try

Terms 1 - 4 (Reception - Year 3)

General Information

The Multi-Sport Skill program is designed for fun and to develop skills that focus on different sports. Throughout the program students will be introduced to a variety of sports which may include Soccer, Cricket, Basketball, AFL, Rugby, T-ball and Hockey.

Gymnastics and Little Athletics are run by Kelly Sports and Dance is facilitated by Footsteps and both have been very popular in recent years. In these sessions, students learn basic fundamental movement skills, locomotion movements and challenge themselves in a safe environment.

In the first two weeks of each of the modified sports programs, students will be exposed to the skills of the particular sport and introduced to game play. In the weeks following, students will participate in mini games. Here they will learn the basic skills of the sport as well as be exposed to playing modified games in a less competitive environment.

This program provides a good introduction to some of the competitive sports offered for Years 3-6 students at St Aloysius College.

The sessions are run by qualified instructors and supported by SAC Student Sports Leaders.

Come 'N' Try

Terms 1 – 4: Reception - Year 3

Cost

- \$70 (Terms 1-3, 6 weeks)
- \$50 (Term 4, 4 weeks)

Dates

Year Level	Term 1 Weeks 4-9	Term 2 Weeks 3-8	Term 3 Weeks 3-8	Term 4 Weeks 3-6
Reception	Tuesday	Wednesday	Thursday	Tuesday
Year 1	Wednesday	Thursday	Tuesday	Wednesday
Year 2/3	Thursday	Tuesday	Wednesday	Thursday

Time

3:30pm-4:15pm

Venue

SAC gym/Fitness Centre

Transport

Parents/Guardians are responsible for collecting their children at the conclusion of each session.

OSHC

Students who require OSHC are able to participate in Come 'n' Try and will be taken down to OSHC after the session, as usual, bookings are essential.

Basketball

Term 1 Season: Years 4-6

Term 4 Season: Years 3-6

Teams

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. There is a Year 3/4 division and a Year 5/ 6 division. The teams will be made up of seven or more players. Year 4-6 students can play in both terms 1 and 4, Year 3 students can participate in term 4.

Cost

- \$85/term 1, \$75/term 4
- Basketball SA registration fee (approx \$35, lasts for calendar year)
- Basketball uniform to be purchased

Dates

The competition is played on Wednesday afternoons throughout terms 1 and 4.

Times

Game times vary between 3:45pm, 4:20pm, 4:55pm and 5:30pm.

Venue

Wayville Sport Centre
142 Rose Terrace, Wayville

Training

Training sessions will be on Mondays after school in the SAC gym and are compulsory. Students are required to commit to one training session per week.

Transport

Parents/Guardians are responsible for transporting students to and from the Wayville Sports Centre.

OSHC

Students who require OSHC after Basketball training will be taken over to OSHC after the session, as usual, bookings are essential.

AFLW 9-A-Side

Term 2 Season - Years 3-6

Teams

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. The teams will be made up of around twelve players.

Cost

\$85

Dates

Weeks 2-9

Time

4pm -5pm

Venue

Central venue in Adelaide parklands

Training

Training sessions will be held before the game. All training sessions are compulsory, and students are required to commit to one training per week.

Transport

Parents/Guardians are responsible for transporting their children to and from the venue.

Netball

Term 2 Season: Years 5/6

Term 3 Season: Years 3/4

Teams

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. Teams may be a combination of Year 3, Year 4, Year 3/4, Year 5, Year 5/6 and/or Year 6. The teams will be made up of around nine players. Please be aware that the competition is a mixed competition with some boys from other schools participating.

Cost

\$85

Dates

The competition is played on Thursday afternoons, commencing Week 2 until Week 9 of each term.

Time

4-5:30pm, including half-hour warm up previous to game.

Venue

Netball SA Stadium
Railway Terrace, Mile End

Training

Training sessions will be held after school on Mondays where possible. All training sessions are compulsory and students are required to commit to one training session per week.

Transport

Parents/Guardians are responsible for transporting their children to and from Netball SA Stadium.

OSHC

Students who require OSHC after Netball training will be taken over to OSHC after the session, as usual, bookings are essential.

Lacrosse

Term 2/3 Season: Years 3-6

Teams

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. Students will be in year 3/4/5 teams. Students who nominate must commit to playing both during Term 2 and Term 3 as it is a combined season.

Cost

- Playing: \$140
- SAC Lacrosse singlet to be purchased from SAC Uniform Shop

Dates

The competition is played on Saturday mornings and commences Saturday (end of Week 1, Term 2) and concludes Saturday (end of Week 5, Term 3).

Time

7:30am-9:00am

Venues

Various metropolitan locations - rotating venues:

- East Torrens Payneham Lacrosse Club
Patterson Reserve 1
Turner Street, Felixstow
- North Adelaide Lacrosse
Club Terama Street, Gepps Cross
- Eagles Lacrosse Club
Charles Cane Reserve
Corner of Churchill Rd and Belford Ave, Prospect

Training

Training sessions will be held once per week before school. All training sessions are compulsory, and students are required to commit to one training per week.

Transport

Parents/Guardians are responsible for transporting students to and from the allocated venue.

Soccer

Term 3 Season: Years 3-6

Teams

The number of students interested as well as the number of coaches available will determine how many teams SAC will nominate for the competition. Students will be in year 3/4 or 5/6 teams. Students who nominate must commit to playing both during Term 2 and Term 3 as it is a combined season.

Cost

- Playing: \$85
- Long black soccer socks
- Shin Guards

Dates

The competition is played Friday afternoons and commences Week 2, Term 3 and concludes Week 9.

Time

4pm-5pm

Venues

Various school venues including Pembroke, Walford, Wilderness, Loreto, St. Ignatius, Westminster, Immanuel, St. Peter's Girls, SAC Parklands

Training

Training sessions will be held once per week before school. All training sessions are compulsory, and students are required to commit to one training per week.

Transport

Parents/Guardians are responsible for transporting students to and from the allocated venue.

Parents will drop children at training in the morning at the SAC Parklands and the school bus will pick students up afterwards for school.

Fitness/Cheer Sessions

Term 2/3: Years 5-6

General Information

Year 5/6 students have the opportunity to be involved in lunch time fitness/cheer sessions. The sessions introduce the girls to various ways of keeping fit and strong and also to the basics of cheer.

Cost

\$70

Dates

Fridays Lunchtime

Term 2: Fitness

Term 3: Cheer

Commencing Week 3 and concluding in Week 8

Time

1pm-1:30pm

Venue

SAC Fitness Centre

SAPSASA/SACPSSA

Representative Sport Overview

Years 4-6 SAPSASA & Year 3-6 SACPSSA

St Aloysius College enters a wide variety of teams into District SAPSASA events as well as SAPSASA school events. St Aloysius College forms part of the East Adelaide District. The College also enters teams in numerous SACPSSA (South Australian Catholic Primary School Sports Association) Carnivals throughout the year.

If your child excels in any of the sports listed below, she is encouraged to trial in order to represent the school. Students must read the daily Student Bulletin and check their emails regularly for trial dates and other information. If your child is successful in making the SAPSASA Knockout team, she will be expected to attend one compulsory training per week. Training times to be advised.

Teams	Age Group	Trials
SAPSASA Swimming (Term 1)	Year 4-6 (specific age group information available with trial details)	Beginning of Term 1
SACPSSA Swimming (Term 1)	Year 3-6 (specific age group information available with trial details)	Beginning of Term 1
SAPSASA/SACPSSA Cross Country (to compete Terms 2/3)	Year 3-6 (specific age group information available with trial details)	End of Term 1
Knockout SAPSASA Netball (to compete Terms 2/3)	Year 5/6 students	End of Term 1
Knockout SAPSASA Soccer (to compete Terms 2/3)	Year 5/6 students	End of Term 1
Knockout SAPSASA Basketball (to compete Terms 2/3)	Year 5/6 students	End of Term 1
Knockout SAPSASA AFLW (to compete Terms 2/3)	Years 5/6 students	Early Term 2
SAPSASA Athletics (to compete Term 3)	Year 4-6 (specific age group information available with trial details)	End of Term 2/Beginning of Term 3
SACPSSA Athletics (to compete Term 4)	Year 3-6	SAC Athletics Carnival
Knockout Softball (to compete Term 4)	Years 5/6 students	Mid Term 3

Please note that we will only enter teams into knockout competitions if we have enough interest.

There are opportunities for individuals in years 5 and 6 to trial for the East Adelaide District team in various sports so it is important that you keep your eye on your e-mail, on the notices and the Primary Sport Portal for more information about trials.

There are also opportunities throughout the year for Year 3-6 students to be involved in various carnivals that focus on participation run by SACPSSA including netball, lacrosse, basketball, touch football and tennis hot shots.



St Aloysius College